

ANTARCTICA CRUISES ABOARD THE MS FRAM



Hurtigruten Cruises

19 DAYS / 18 NIGHTS

On this 19-day expedition cruise, you will experience all that Antarctica has to offer. Set sail from Ushuaia, the southernmost tip of Argentina. Then relax on board as you make your way to the Falkland Islands, South Georgia, and South Orkney until you reach your most awaited destination: beautiful Antarctica. The journey is full of exciting excursions, informational lectures from your experienced guides, and cozy accommodations. This cruise aboard the MS Fram is truly the ultimate Antarctica experience.

<p>FROM \$ 8846 per person</p>	<p>THIS CRUISE INCLUDES: 18-Nights Accommodations Full-board service Lectures and presentations on the vessel</p>	<p>HIGHLIGHTS Ushuaia The Falkland Islands South Georgia South Orkney Antarctica Drake Passage</p>
---	--	---

ITINERARY THE ULTIMATE ANTARCTICA EXPERIENCE



Day 1

ARRIVE IN USHUAIA

Begin your adventure in Ushuaia, the world's southernmost town. You can join the optional excursion to Tierra del Fuego National Park or Lake Escondido before embarking MS Fram.



Day 2

SAIL THROUGH DRAKE PASSAGE

Set sail for the Falkland Islands, located about 300 miles east of Ushuaia. Relax on board and keep your eyes open for wildlife as the experienced Expedition Team begins an onboard lecture series to prepare you for this adventure.



Day 3 - Day 4

FALKLAND ISLANDS

The Falklands Islands are two large islands surrounded by little islands. As you travel west to the settled outposts in the Falklands, you will see family-owned farms that have kept alive for many generations. Watch as the sheep graze alongside colonies of albatross and rockhopper, king, and macaroni penguins.

The Falkland Islands also offer crystal blue skies, seamless horizons, and beautiful white sand beaches. Penguins will come close as you walk around the island, giving you a fantastic opportunity to take photos!



Day 5 - Day 6

SET SAIL FOR SOUTH GEORGIA

During your time at sea, attend one of the lecture series that will help prepare you for South Georgia. Learn about the island's geology, glaciology, and wildlife.



Day 7 - Day 8 **SOUTH GEORGIA**

South Georgia is a nature enthusiast's playground with magnificent mountain scenery, glaciers, and beaches full of wildlife. Watch as elephant seals lounge in the sand and fur seals splash around in the cold water. There is so much to see here, not to mention the albatross overhead and the thousands of king penguins flocking to the island.

Visit Fortuna Bay, abandoned whaling stations, a whaling museum, and Sir Ernest Shackleton's gravesite while you are in South Georgia.



Day 9 - 10 **AT SEA**

Enjoy another day at sea. The lecture series on deck will include a thorough introduction to the Antarctic visitor guidelines, as you move closer to the icy white continent of Antarctica.



Day 11 **SOUTH ORKNEY**

Photographers love the South Orkney Islands due to its picturesque location. The South Orkney Islands are surrounded by majestic snow-capped mountains, blue icebergs, and are full of endless wilderness. You will spend one day exploring these islands before sailing the Washington Strait to Coronation Island and Elephant Island.



Day 12 **AT SEA**

On your way to the Antarctic Peninsula, you can look through your photos, relax, attend a lecture, look for wildlife, or simply get ready for your arrival in Antarctica.



Day 13 - Day 16 **ANTARCTICA**

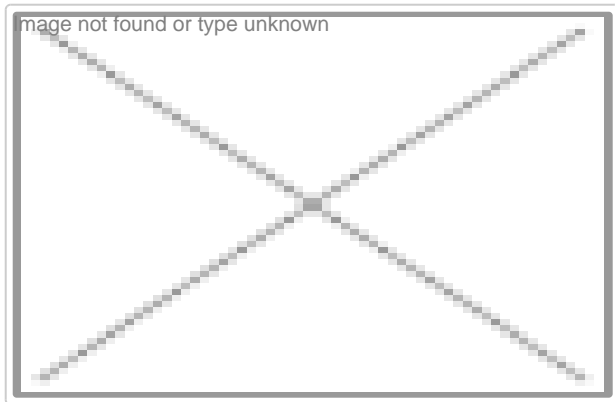
Your adventure in Antarctica begins today. Remember this untouched land is dedicated to peace and science, so be respectful. Visit Deception Island to see the collapsed caldera wall or the natural harbor in Whalers Bay. Half Moon Island also awaits your arrival as one of the most beautiful parts of Antarctica, a gem among the island treasures.

If weather permits, you will have the option to kayak, pitch tents ashore, or hike past some of the most beautiful, untouched places, on Earth.



Day 17 - Day 18 **DRAKE PASSAGE**

After some incredible days exploring Antarctica, one of the world's natural wonders, the MS Fram will head north towards South America.



Day 19

USHUAIA

On your final day on the MS Fram, you will landfall in Tierra del Fuego. Once you have reached Ushuaia, consider joining an optional excursion or catch your flight home.