

EXPEDITION TO THE AMAZON RAINFOREST



Hurtigruten Cruises

17 DAYS / 16 NIGHTS

Embark on a tropical journey of a lifetime. Your expedition will begin in Manaus, as you cruise along the Amazon River and venture into lush forests. Birdwatch, hike, canoe, and observe unique wildlife during your excursions off the ship. As you sail along Brazil's coastline, enjoy your relaxing time spent on deck, explore impressive nature and visit historic highlights in some of the cities. On this MS Fram Hurtigruten cruise, you will get to know Brazil, its local people, and culture a whole lot more.

<p>FROM \$ 6506 per person</p>	<p>THIS CRUISE INCLUDES: 18 Days Accommodations</p>	<p>HIGHLIGHTS Manaus Parintins Santarem Fortaleza Paraty Montevideo</p>
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ITINERARY EXPEDITION TO THE AMAZON RAINFOREST (SOUTHBOUND)



Day 1 - Day 2 **MANAUS, AMAZONAS**

Spend the night in the exotic Manaus. This city is in the middle of the tropical rainforest and is the complete opposite of the lush Amazon. After enjoying a relaxing breakfast, learn about Manaus from your expedition team and join a regional sight-seeing tour. Your tour will end at the pier where the MS Fram will be waiting for your arrival.



Day 3 **PARINTINS**

Parintins, a tiny island, is full of quaint shops and eateries. While here, visit the local cathedral that towers over the city. Experience a day-in-the-life of the locals, as you enjoy their traditional drinks and soup. If you're feeling courageous, dance the "boi-dance" with the others or join the Expedition Team for a hike or kayak trip in the jungle.



Day 4 **SANTAREM**

After three days at sea, it will feel great to stretch your legs a bit! Take this opportunity to stroll along the waterfront in the lively port town of Santarém. Santarém is the perfect location for you to begin several activities in the National Forest Tapajós. Explore the beautiful national forest via hike or canoe. You can also explore the unique Amazon rainforest.



Day 5 - Day 7 **SAIL THE AMAZON RIVER**

For the next few days, you will cruise the Amazon River through the jungle before making your way to the Atlantic Ocean. Make sure to stay on deck with your camera and binoculars, as there is plenty of wildlife to see! Let the sounds of the jungle and songs of the wilderness guide you.



Day 8 **FORTALEZA**

Visit Centro, the oldest part of Fortaleza. While exploring, stop into the small shops around the city and meet the locals at traditional restaurants. Be sure to try typical Brazilian food in one of the barracas (rustic restaurants) next to the beach. You can also visit the old fortress built in 1649 as well as Fortaleza's beautiful Cathedral.



Day 9 - Day 12

AT SEA

Relax on deck as you sail across the blue sea. You will have plenty of time to catch up on some reading, browsing through photos, or talking amongst your crew members.



Day 13

PARATY

Anyone who appreciates history will love Paraty. This UNESCO World Heritage Site is incredibly gorgeous, with remnants of the past. Walk the cobblestone streets, and peak into the old colonial houses. Paraty was once known for its Gold Trail, though currently, it's famous for its coffee trade and production of Cachaça, a distilled spirit made from sugarcane juice. The forest filled coastline attracts hikers, botanists, and ornithologists from around the world for an unforgettable visit.



Day 14 - Day 15

AT SEA

A day at sea is opportune for winding down and reminiscing on the wonderful experiences you have had aboard the MS Fram. Toast to your journey with a delicious cocktail on board or listen in to one of the interesting lectures presented by your expedition team.



Day 16 - Day 17

MONTEVIDEO

You will arrive in Montevideo in the afternoon. A transfer will be waiting for you, and transfer you from the ship to your hotel. Enjoy Uruguay's capital for a night in the lively city.

In the morning, enjoy a delicious breakfast as your adventure comes to an end.

