

## LARES VALLEY PERU TREK

Lares Valley Peru Trek - Tour Extension

### 4 DAYS / 3 NIGHTS

The 4 Day Lares Valley Trek is an excellent option for an alternative Inca Trail. Less traveled and just as scenic, this Inca Trail begins at the Lares hot springs, covers terrain over 4000 meters in the Lares Valley, and ends at Ollantaytambo. Plus, it's easy to add a tour of Machu Picchu to the end of your trek.

**Note: This is a tour extension, combine this trek with one of our full package tours.**

FROM  
**GET  
CUSTOM  
PRICING**  
per person

### THIS TOUR INCLUDES:

- Transfer to/from Cusco
- Expert guides, porters, cook, and horsemen
- Camping and cooking equipment, included tents and sleeping pads
- Horses to carry equipment
- All meals, snacks, afternoon tea, and filtered water

### Not Included (Please Bring):

- Sleeping bag (can be rented in Cuzco)
- A backpack to hold clothing and personal belongings
- Rain gear and rain poncho (plastic ponchos can be purchased in Cusco)
- Strong footwear, waterproof trekking boots recommended
- Warm clothes, including jacket, fleece sweaters, and thermals
- A sleeping pad will be provided by the agency but is to be carried by you
- Flashlight, camera, and batteries
- Hat or cap to protect you from the sun, rain and cold
- Sun block
- Insect repellent with minimum 20% DEET
- Snacks such as biscuits, energy bars, chocolate, raw fruits, muesli. Please be aware that we do provide a daily morning snack and our meal service is very complete and well-supplied.
- Non-disposable canteen (Nalgene type). We provide filtered boiled water, which is the safest way to drink water along the trail.
- Original passport (protected in a plastic bag)
- Optional: rubber-pointed walking sticks or poles (rubber covers are required in order not to damage the trail)
- Tips for porters, cooks, and guides

### HIGHLIGHTS

- Scenic trekking routes through passes over 4000 meters
- Breathtaking views of the Lares Valley
- Trekking through the Andes & the Sacred Valley
- Finish off in Machu Picchu

# ITINERARY



## Day 1

### CUSCO TO CALCA TO LARES HOT SPRINGS TO WACAWASI

At 6:30 am we depart from Cusco by private transportation and travel through the Sacred Valley to Lares, and spend the rest of the morning soaking in the natural hot springs of Lares. After lunch, we begin our Lares Valley Trek and hike to Wacawasi.



## Day 2

### WACAWASI TO ARORAY TO MANTANAY

In Wacawasi, you can explore Inca agricultural techniques and purchase local handicrafts includes hand-woven ponchos and chullos, from some of the finest weavers in Peru. In the morning, resume the Lares Valley trek, ascending to highest point of the route at Puma's Abra (1416 feet). After reaching the peak and enjoying the views, we descend one hour approximately, taking in the view of nearby lakes Aroray and Mantanay. Camp in Mantanay.



## Day 3

### MANTANAY TO YANAHUARA TO OLLANTAYTAMBO TO AGUAS CALIENTES

In the morning, descend from Mantanay to the village of Yanahuara and then finally to Ollantaytambo. Located in the heart of the Sacred Valley, Ollantaytambo is the only continually habited town since the time of the Incas. View the famous ruins of Ollantaytambo on the hillside, and then board the train to Aguas Calientes, the town at the foot of Machu Picchu. Spend the night in a comfortable hostel by the Urubamba River.



Day 4

## **MACHU PICCHU TOUR & RETURN TO CUSCO**

After an early breakfast, take the bus to Machu Picchu for a full day to explore these amazing Inca ruins. At the entrance, we will register and then start on our 2 hour guided tour of Machu Picchu. Take some time to explore the ruins of Machu Picchu on your own as well. After enjoying the ruins, we will take the bus down to Aguas Calientes, where you will have time for a late lunch before we return by train to Cusco.